

# HOW TO CARE YOUR HAIR EXTENSIONS



## Washing Your Extensions

- Always detangle gently before washing, starting from ends to roots.
- Use lukewarm water and apply a sulfate-free shampoo.
- Massage the shampoo in a downward motion — never rub or twist.
- Rinse thoroughly and follow with a deep conditioner, leaving it for 5–10 minutes.
- Avoid placing conditioner near the bonds or roots.



## Drying & Brushing

- Gently towel dry (no rubbing) and allow to air dry whenever possible.
- Use a wide-tooth comb or soft extension brush — start from the ends.
- Blow-dry on low heat only, keeping heat tools away from the bonds.



## Styling & Heat Use

- Always apply heat protection spray before styling.
- Use flat irons, curlers, and dryers only on low to medium heat.
- Regular use of heat tools can shorten the life of your extensions.



## Swimming & Sleeping

- Avoid pools, spas, and salt water — chlorine and salt can damage hair.
- Never sleep with wet hair. Braid or tie it in a loose ponytail before bed.
- Use a silk or satin pillowcase to reduce friction.



## What to Avoid

- No oil-based products at the roots or bonds.
- No dry shampoo, purple shampoo, or silver shampoo unless advised by a professional.
- Avoid heavy sprays, serums, or products that cause build-up.
- Do not expose hair to direct heat (e.g. fireplaces, steam) for long periods.
- Avoid leaving hair extensions wet for long hours.

*Select*  
HAIR EXTENSIONS